What's Happening

University of California San Francisco

SEPTEMBER
OCTOBER
1980

FILMS

COLE HALL CINEMA

Shown in Cole Hall, Medical Sciences Building, 513 Parnassus Ave. Children under 14 $1; UCSF students/ Millberry Union members $1.50; general $2. For further information call 666-2019.

Fri., Oct. 3: Beatles' Double Feature – **Yellow Submarine** at 7 p.m. and **Help!** at 8:30 p.m.

Thurs., Oct. 9 & Fri., Oct. 10: **La Cage aux Folles.** 7 & 9 p.m.

Thurs., Oct. 23 & Fri., Oct. 24: **Apocalypse Now.** 5:45 & 8:30 p.m. on Oct. 23. 7 & 9:45 p.m. on Oct. 24.

Fri., Oct. 31: Fellini's **Satyricon** 7 & 9:15 p.m.

NOON FILMS

All films are free and shown on Tuesdays in Cole Hall at noon.

Oct. 7: **Best of Bay Area Animation.**

Oct. 14: **S.F. State University Student Films.**

Oct. 21: **The Sky is Gray.**

Oct. 28: **Tillie's Punctured Romance** (features Bob Vaughn at the piano).

TOURS

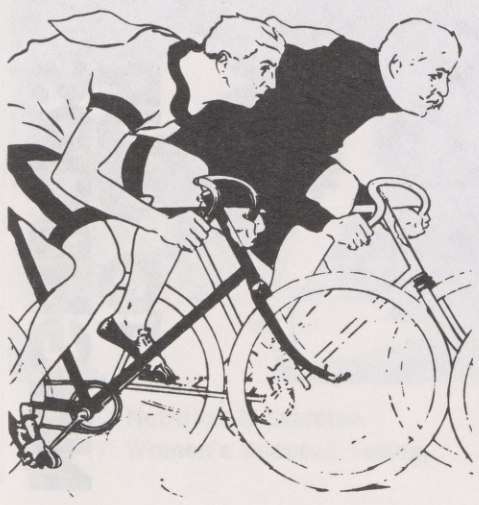
CAMPUS TOURS

All tours are free and take place at 1 p.m. on Tuesdays, Sept. 9, 16, 23, 30, Oct. 7, 14, 21, and 28. Meet in the lobby of Medical Sciences Building. For further information call 666-4394.

BROWN BAG TOURS

All tours are free at noon on Wednesdays and take place in Room 303 Health Sciences West (enter through Medical Sciences lobby, 513 Parnassus Ave.). For further information call 666-4394.

Sept. 10 **Sports Medicine Update.**



Sept. 17 **Safe Food Preservation: Where Do We Stand?**

Sept. 24: **The Nurse's Role in Poison Prevention.**

Oct. 1: **Spinsters in Hong Kong.**

Oct. 8: **Do You Feel Trapped in a Vicious Cycle . . . of Diet, Binge, Guilt and Diet Again?**

Oct. 15: **Headache.**

Oct. 22: **How Inflation & Recession Affect Our Well-Being.**

Oct. 29: **A Triumph of Quackery: Opposition to Water Fluoridation.**

FOLK DANCING

Learn folk dancing from various parts of the world. Free and held every Tuesday at noon in Millberry Union Gym, 500 Parnassus Ave.

OUTDOORS UNLIMITED/ WILDERNESS EXCHANGE

Events are free except for clinics. Advance registration of one or two weeks is required. Sign up at the Outdoors Unlimited Center, 24 Kirkham St. Some dates may change. For further information and October's events please call 666-2078.

Tues., Sept. 2: Sign-ups begin for **Ice Skating,** Sept. 11; **Kite Flying,** Sept. 13; **Farm Weekend,** Mendocino, Sept. 13 & 14; **Canoe Skills Clinic,** Sept. 16; and **Sailing on the Bay,** Sept. 16.

Mon., Sept. 8: Sign-ups begin for **Camping/Hootenany,** Sept. 19; **Canoeing,** Sept. 20-21; **Women's Backpacking in the Sierra,** Sept. 20 & 21; **Ice Skating,** Sept. 25.

Wed., Sept. 10: **Outdoors Unlimited Fall Get-Together.** Whitewater films, slides and trips planned. Millberry Union Lounge. 7 p.m. Free.

Mon. Sept. 15: Sign-ups begin for **Women's Day Hike,** Sept. 28.

Sat., Sept. 27: **Hoedown/Celebration.** Live music, games, square dancing. West Fort Miley, S.F. 11 a.m.-5 p.m.

LECTURES/SYMPOSIA

NOON LECTURES

All lectures are free and are on Mondays at noon in Room 303 Health Sciences West (enter through the Medical Sciences lobby, 513 Parnassus Ave.).

Oct. 6: **Jessica Mitford** (Bay Area Authors Series).

Oct. 13: **Armistead Maupin** (Bay Area Authors Series).

Oct. 20: **Ernest Gaines** (Bay Area Authors Series).

EVENING LECTURES

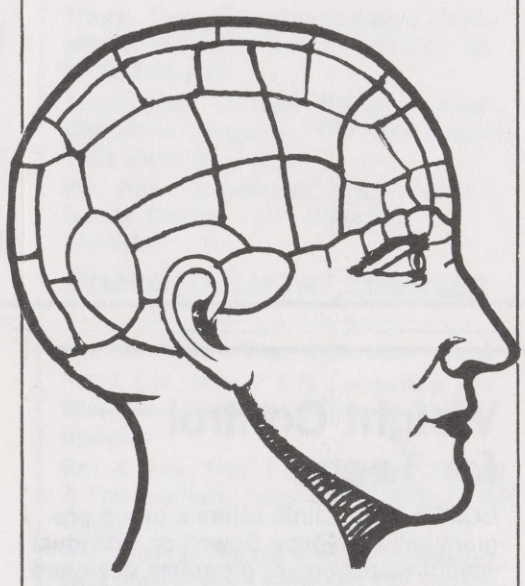
Wed., Sept. 17: **The Principles of Yoga Related to Preventive & Promotive Health Care.** Sponsored by the American Medical Student Association, Committee on International Health. Cole Hall. 7:30 p.m. Donations are accepted.

Wed.. Oct. 22: **On Becoming More Fully Human.** Virginia Satir, family therapist. Admission $2.50 general, $1.50 Millberry Union members & UCSF students. Cole Hall. 7:30 p.m.

SYMPOSIA

For registration and fee information call Continuing Education in Health Sciences, 666-3904.

Sat. & Sun., Sept. 6 & 7: **Second Annual Symposium on Preventive Oncology: Nutrition & Cancer.** Sheraton Palace Hotel, S.F.



Sat. & Sun., Oct. 11 & 12: **The Healing Brain II.** Sheraton Palace Hotel, S.F.

Fri.–Sun., Oct. 24-26: **In Pursuit of Wellness.** Golden Gateway, Holiday Inn, S.F.

Sat. & Sun., Nov. 8 & 9: **Cross Cultural & Transcultural Issues in Family Health Care.** Cole Hall, UCSF.

Sat. & Sun., Nov. 15 & 16: **The Fourth Annual Symposium on Aging.** Golden Gateway, Holiday Inn, S.F.

Sat. & Sun., Dec. 6 & 7: **The Patient Education Research Seminar.** Cole Hall, UCSF.

PERFORMANCES

Thurs.,Oct. 2: **Rick & Ruby.** Millberry Union Lounge, 500 Parnassus Ave. Noon. Free.

Thurs., Oct. 2: **An Evening with Robin Tyler.** Admission $3.50 general, UCSF students & Millberry Union members $2.50. Cole Hall. 8 p.m.

Thurs., Oct. 9: **Kronos Quartet.** Millberry Union Lounge. Noon. Free.

Thurs., Oct. 16: **Oak, Ash & Thorn.** Millberry Union Lounge. Noon. Free.

Fri., Oct. 17: **Cabaret Night with The Screaming Memes.** Admission $4 general, UCSF students & Millberry Union members $3. Millberry Union Gym, 500 Parnassus Ave. 8 p.m.

Thurs., Oct. 23: Reading from the book, **American Mosaic: The Immigrant Experience in the Words of Those Who Lived It,** with the authors Joan Morrison and Charlotte Zabusky. Millberry Union Lounge. Noon. Free.

Thurs., Oct. 30: **Reilly & Maloney.** Millberry Union Lounge. Noon. Free.

SPECIAL EVENTS

Fri., Sept. 26: **UCSF Golf Tournament.** The neighborhood (golfers & non-golfers alike) is invited to attend this day of golfing and buffet dinner. $25 entry fee. Prizes will be awarded. Held at the Sonoma National, Boyes Hot Springs. For further information call 666-4318.

Mon., Oct. 13: **Blood Donation Day.** Donate in the mezzanine lounge area, School of Nursing building (go through Medical Sciences lobby), 8 a.m.-4 p.m., or in the main lounge of Millberry Union, 10 a.m.-5 p.m. Appointments can be made in advance by calling 666-4013.

COMMUNITY HEALTH EDUCATION PROGRAMS

All lectures are free. Cancellations sometimes occur. For further information call 666-3206 or 666-3208.

Mon., Oct. 6: **Relieving Tension through Holistic Health.** Diamond Senior Center, 17 Diamond St. 12:45-1:45 p.m.

Thurs., Oct. 9: **Nutrition.** Glide Memorial Senior Center, 330 Ellis St. 12:45-1:45 p.m.

Tues., Oct. 14: **The Politics of Health Care** (3 month series). St. Francis Lutheran Church, 152 Church St. Times to be announced.

Tues., Oct. 14: **Relieving Tension through Holistic Health.** First Baptist Senior Center, 2142 - 34th Ave. 1-2 p.m.

Thurs., Oct. 16: **Arthritis.** 7th Ave. Presbyterian Church, 1329 - 7th Ave. 1-2 p.m.

Fri., Oct. 17: **Respiratory Care.** Haight-Ashbury Senior Center, 1350 Waller St. 12:45-1:45 p.m.

Mon., Oct. 20: **Hypertension.** Congregation Beth Shalom, 3200 California St. 11:30 a.m.-12:30 p.m.

MASSAGE SERVICE

Experienced, certified masseuses and masseurs are offering high quality, professional massage at low prices to members of UCSF and the neighborhood. For fee information and appointments visit the Athletic Control Desk, Millberry Union or call 666-1115.

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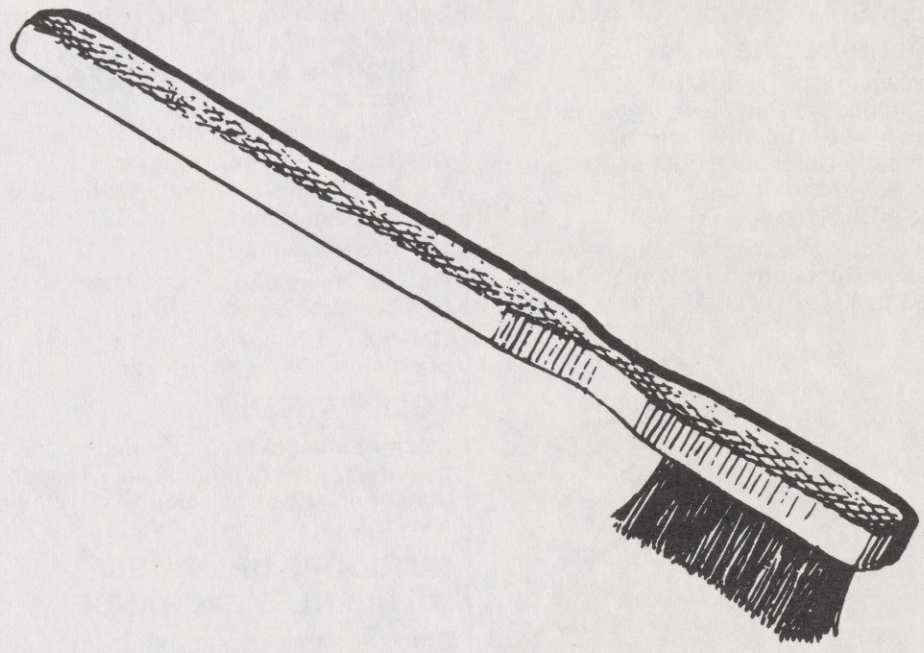
TO OUR NEIGHBORS

September & October, 1980, Vol. V, No. 5

Dental Screening Program for Seniors



A special Senior Citizen Community Dental Program has helped more than 300 elderly patients since it began earlier this year.

The program, sponsored by the UCSF School of Dentistry faculty and students, consists of free monthly screening sessions and follow-up instruction in dental health, conducted in neighborhoods where large numbers of older San Franciscans live.

It has been offered at the North of Market Senior Center in the Tenderloin, Canon Kip Community House and the Salvation Army's Silvercrest Senior Housing Project in the South of Market area, the Mission Presbyterian Church, and city-wide Aquatic Park Senior Center.

After the needs of the elderly patients have been assessed, they are referred for low cost, high quality treatment at the Dental Clinic in the new UCSF School of Dentistry Building, 700 Parnassus Avenue or to the UCSF Community Dental Clinics at 100 Buchanan Street and San Francisco General Hospital or to private dentists of their choice. Transportation is provided for those needing it in the Canon Kip Community Center's mini-bus.

Although many patients need dentures the program emphasizes a total approach to dental care, including preventive dentistry, control of gum disease, and special attention to the overall physical and psychological needs of the patients.

UCSF Safety Efforts

Due to two recent assaults on the UCSF campus and an increase in crime in the nearby communities, the Chancellor's Emergency Task Force on Personal Safety was established in early July to make safety recommendations.

The latest actions taken have included:

- Mirrors and better lighting in the west stairway of the Millberry Union Garage. Employees and visitors are asked to use this stairway except for emergencies.
- New equipment in the garage to improve security. Once completed, all entry to the garage between 6 p.m. and 7 a.m. will be through the Parnassus entrance.
- Improved lighting and security features in the corridors of the Health Science Towers.
- Self Defense Classes including advanced classes and Tear Gas (mace) Classes. For information on classes contact Amy Levine at 666-5683.

Volunteer Service Opportunities

If you would like to volunteer your services in our Hospitals and Clinics, please come to one of the orientation sessions designed to familiarize prospective volunteers with the opportunities available through the Volunteer Office. Sessions are on Tuesday, September 16, Monday, October 6, and Monday, October 27. They will be held in Room 733 Nursing Building (enter through 521 Parnassus Avenue) from 2 to 4 p.m. for daytime volunteers and 6 to 9 p.m. for evening and weekend volunteers. For further information call the Volunteer Office at 666-1196.

Renewed Funding for Statewide AHEC

UCSF has received a $2.8 million continuation contract from the U.S. Department of Health and Human Services to administer a cooperative statewide Area Health Education Center (AHEC) system.

Participating medical schools will include UC at San Francisco, Davis, Irvine, Los Angeles, and San Diego; Stanford, USC, and Loma Linda.

A $1 million federal contract for program planning to organize the statewide system was awarded last year with UCSF as the contracting school. The award was based on the success of a model AHEC Program in the central and northern regions of the state, which UCSF has operated over the past eight years in collaboration with UCLA.

It is expected that the statewide AHEC will receive renewal funding annually over the next seven years.

The original UCSF-UCLA model AHEC was one of the 11 projects created nationwide by the federal government in 1972 to provide training in health professions in areas with a scarcity of physicians and allied health profes-

Millberry Union Class Registration Starts Sept. 30

Registration for all classes begins Tuesday, September 30 at 8 a.m. and continues through the first week of classes. Most classes run from October 6 through December 10. For specific program information and free brochure call 666-1800.

$2.5 Million for Breast Cancer Study

A $2.5 million grant has been awarded to UCSF by the National Cancer Institute to conduct a five-year study of the epidemiology and natural history of breast cancer. The study involves 4,000 women and will be jointly conducted at UCSF and Children's Hospital.

It is a continuation of pioneering work begun eight years ago which has shown that the adult human breast secretes and concentrates potentially toxic and mutagenic substances from the blood. They can lead to damage of the breast gland and ultimately to breast cancer.

Skills for Living Meetings

A free series of weekly meetings on "Skills for Living" will be held every Thursday starting September 18 from 6:30 to 8 p.m. in Room 417 Nursing Building (enter through 521 Parnassus Avenue).

The meetings sponsored by the Office of Public Service Programs, are given by Nicole Myers, instructor for the Community for Human Development, who has taught Stress Management at UCSF for the past three years.

Participants will learn through simple practices of guided imagery and discussion how to reduce stress, overcome frustrations, reconcile difficult situations, and gain new directions.

For further information contact Nicole Myers at 566-9392 during the evenings.

Weight Control for Teens

UCSF's Teen Clinic offers a group program called "Shape Down" or individual weight management programs designed for teenagers who are ready to set their own goals for long-term weight control.

The purpose of the programs is to improve individuals' eating habits, exercise routines, and self-esteem. For further information contact Laurel Mellin at 666-2184.

Housing Listings Needed

The housing crunch is making it difficult for students and visiting scholars at UCSF to find a place to live. Those affected most seriously are visiting scholars pursuing clerkships for periods of one to three months. The Housing Office has a free rental agency for all types of accommodations, including houses, apartments, flats, rooms and various kinds of share facilities. Vacant furnished rooms are badly needed. Persons interested in listing available housing should call 666-1426.

Help for Widows

Brief psychotherapy for widows is offered at a nominal fee or without charge at the UCSF Center for the Study of Neuroses, Langley Porter Psychiatric Institute. Women whose husbands died between four months and two years ago may participate in the bereavement study if they have not had any other psychotherapy since their husband's death.

The center is known for its work in helping people accept and adapt to stressful events. The goal of the research project is to provide better mental health services to bereaved persons.

Women who would like to receive help adjusting to their loss should call 681-8080, extension 510

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Rush-Time dated

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